

The Mystery Method Cheat Sheet		
STAGES	EXPLANATION	EXAMPLE
<b>A1</b>	The Approach	Select the Target. Follow the 3-second rule by approaching and opening immediately. Ignore the target, focus on the blockers, be expressive, have a deep powerful loud voice, speak slowly and clearly with plenty of pauses, use false time constraints, neg the target lightly, be unaffected by the bitch shield. When you see IOIs the shield is disarmed. <u>IOIs</u> : She laughs while talking to you, reinitiates conversation when you stop, faces you, eye contact, responsive, touches you, <u>Passive IOIs</u> : her friend goes to the bathroom, bar, dance floor and she stays, she waits if you go to the bathroom, she doesn't flinch or pull back when you move too close, Doesn't resist kino.
<b>A2</b>	Demonstrate Higher Value	<u>DHVs</u> : Pre-selection from other women, leader of men, supporter and protector of those close to you, non-needy, unaffected, social intelligence, negging her, having a strong frame, be interesting and fun, humor and other emotional stimulation, social status, connecting conversationally
<b>A3</b>	Qualify the Target	Find out what qualities she possesses and then use those to tell her you're attracted to her.
Isolate The Target		
<b>C1</b>	Comfort Building within the meeting location	Create an emotional connection by build rapport. Go for phone number, build intimacy, hand holding, kino, etc. Take your time here. The entire seduction process - from beginning, A1, to end, S3 - should take between 4 and 7 hours. Bounce with her to a different venue or time bridge to day 2 bounce to seduction location. Heavy intimacy includes kissing, making out, etc. This is not seduction rather comfort building.
<b>C2</b>	Comfort Building in location separate from meeting location	
<b>C3</b>	Comfort Building within the sex location	
Extract to Seduction Location		
<b>S1</b>	Foreplay	Evoke arousal by initiating foreplay. Pump her buying temperature and make a physical connection.
<b>S2</b>	Last minute Resistance	Counter LMR via: <u>Freeze Outs</u> - Turn on lights and go to computer to check e-mail then re-initiating foreplay. <u>Pace her reality</u> - She says that her parents could come down to the basement anytime and catch you even though they are on the second floor and you would be able to hear them come down, say "You are right, your parents could come down here anytime, we better stop" to which she retorts "But my parents are on the second floor and we could hear them come down well before they could catch us".
<b>S3</b>	Sex	Use protection! Manage relationship expectations.