

STYLELIFE

On Disqualifiers

1 Disqualifiers: Relationship Building Blocks and Relationship Tests

By Don Diego Garcia for Stylelife

See Dick and Jane.

See Dick say to Jane, "Nice shoes. I like you."

See Jane say to Dick, "I like you too. Let's go up to the well together!"

In a perfect, straight-forward, fantasy world, relationships would be built solely on building blocks of mutual affinity, sharing, and intimacy. In the real world, we sometimes need to test the relationship as we are building it, to ensure it develops to maturity.

Relationship Building Blocks and Tests are generally not statements you would say out loud. They are attitudes that you act out, or allude to with your speech, vocal tonality, facial expression, and gestures.

Relationship Building Blocks are positive, love-affirming, harmonious attitudes that create the foundation for a happy long term relationship. Relationship Tests may seem at-first like negative attitudes of discord, which build walls between you and your partner. But actually, if used properly, they can act more like bridges than walls.

You cross the bridge first. Then, the test is weather your partner will cross the bridge after you, or if you will have to go back and retrieve them, and look for another opportunity to test later. Most of the time, the tests should be delivered gently and not roughly. Overdoing the tests will make you appear to be an insensitive, ass-hole jerk. Proper testing will project masculine dominance and strength which are instinctively attractive.

The timing and frequency of the tests is critical. Have you ever teased a pet with a chew-toy? First you have to jiggle the toy in front of the pet to get its attention. If you pull the chew-toy away too quickly, the pet will give up and pay attention to something else. If you are too slow and let the pet grasp on to the toy it will feel satisfied and not bother to play with you any longer. In order to properly lead the pet with an invisible tractor beam from the chew-toy you need to keep it within the intrigue zone of the pet: not too close, and not too far. Be the chew-toy.

Tests as well as building blocks may be real or they may be synthetic. Either way, they need to appear natural to your partner.

Relationship Building Blocks

I have time for you.
You have time for me.

Relationship Tests

I don't have time for you.
You don't have time for me.

This test should be used early in the relationship, like the first thing you say. For example, these statements support the "I don't have time for you." Relationship Test:

"Hey, I've really got to get going, but I wanted to ask..."

"Wassup? I've got to get back to my buddies. Listen..."

STYLELIFE

On Disqualifiers

"Waz goin' on... Real quick. Have you heard..."

If you don't have time for these exercises today as part of the StyleLife.COM challenge, re-schedule it for another time later. After you have completed all the exercises, post them on the StyleLife.COM forum for evaluation.

Exercise 1

Create a new "I don't have time for you." Relationship Test:

This test is needed because she doesn't want to be bothered with some annoying chump who is going to waste her precious time. She wants to feel safe that she is not sending the message that she is ready for a second date just by paying attention to you for one minute. She feels secure that it will just be a quick interruption.

A supermarket chain mandated their employees to smile and make non-breaking eye-contact with their customers. The female employees were so inundated by male customers asking them for dates, that they formally complained to repeal the policy. Some women have built a social shield to protect them from accidentally sending invitation signals to random guys. This Relationship Test serves to prevent that shield from being raised. It shows that you are not "hitting on them", at least not in a way that shows up as an intruder alert on their radar.

This Test also serves to raise your perceived value, demonstrating that you are a busy guy, with a tight schedule of things to do, and people to meet. You are a man on the go, kicking ass and taking names. You can also use the "I don't have time for you." Relationship Test later on in the relationship to evoke feelings of missing and longing which will intensify your next encounter.

As a pacing test, these statements support the "You don't have time for me." Relationship Test:

"I can see you are busy..."

"It looks like you are getting ready to leave..."

"I'd better let you get back to work..."

Exercise 2

Create a new "You don't have time for me." Relationship Test:

STYLELIFE

On Disqualifiers

This test shows that you are sensitive to her time and what she was doing just before she met you. She could either respond by confirming your test, or by asking you to spend more time with her.

Relationship Building Blocks

I adopt you.
You adopt me.

Relationship Tests

I break-up with you.
You break up with me.

"I break-up with you." Tests need to be kidding, playful, and teasing in order to work properly. You may be able to use a serious, dry tone, only if it is clear that this is the way you express your sense of humor. Here are some sample statements that support the "I break-up with you." Relationship Test:

"That's it; I'm hiring a Divorce Attorney."

"I don't see a future between us, nobody's going to do the dishes, and they are just going to pile up!"

"We aren't going to get on, are we? We are always going to fight, and I'm always going to win!"

"Here's your pink slip. You're through!"

Exercise 3

Create a new "I break-up with you." Relationship Test:

Many of the Relationship Tests work because they operate on the economic principle of scarcity. That which is more scarce is more valuable. It's simple demand and supply. Practice controlling your availability and unavailability to see what works best.

Reverse psychology plays a part in a concept of sales called the "take away", where you pull the product away from the customer to make them want it more. "I don't think this red convertible Mustang is right for you, Mr. Jones, it's much too sexy."

When you play with an infant, if you take a small object, grasp it tightly in your hand, clasp your other hand around your first hand, and then pull the double-fist into your stomach and bend forward as if you are trying to hide the inaccessible object inside your tummy; what will the toddler do? It will instinctively reach for the object out of curiosity to see what it is. It *must* be valuable if you are clutching it so tightly and trying to hide it!

Relationship Building Blocks

You're qualified to be with me.
I'm qualified to be with you.
Let's be lovers.

Relationship Tests

You're not qualified to be with me.
I'm not qualified to be with you.
Let's just be friends.

STYLELIFE

On Disqualifiers

We are perfect together.

We don't belong together.

"I'm not qualified to be with you." Tests are not based on lower value, but are derived from some external reason. They lower the "Uh-oh, he's coming on to me." shield. For example:

"... the reason I'm asking is because I'm looking for a gift for my girlfriend."

"Ya' know, you are really cool to hang out with! Too bad I'm gay."

"It's a shame you are so cool, because I'm taken."

"That's so funny! I should tell my Fiancée that joke!"

Exercise 4

Create a new "I'm not qualified to be with you." Relationship Test:

Of course, you could always break-up with your invisible girlfriend later, if required.

The "You're not qualified to be with me." Relationship Test is differentiated from the one above because the qualification is not coming from some external factor, but from your own internal decision making judgment. These are platonic disqualifiers, downplaying your sexual interest. These Tests can be expressed like this:

"You would make the perfect little sister."

"Hey, I bet you would make a great 'Best Friend!'"

"That's cool. Too bad I don't date women."

This last one may sound like the "gay" disqualifier above, but notice how it focuses on your evaluation of her as an issue instead of something external about you.

Exercise 5

Create a new "You're not qualified to be with me." Relationship Test:

Relationship Building Blocks

I compliment you.
You compliment me.
I'm respecting you.
You're respecting me.

Relationship Tests

I criticize you.
You criticize me.
I'm not respecting you.
You're not respecting me.

STYLELIFE

On Disqualifiers

There has been a great surge recently in the usage of innocent criticisms in the dating arena. Let's be clear: Not everyone needs an innocent criticism to spark attraction. The innocent criticism is best used judiciously on people whose oversized egos need a little deflating to come back to reality. Please look before you leap, and carefully observe your partner before carelessly handing out an innocent criticism. If required, "I criticize you." Relationship Tests may look like this:

"Oh My God, you are like, so spastic."

"You have some food or something on your cheek there, (wiping, she wipes). Good, it's off."

"Those are the coolest shoes! My Mom has the exact same pair!"

Exercise 6

Create a new "I criticize you." Relationship Test:

"You criticize me." Relationship Tests sound like this:

"...but a good girl like you probably wouldn't like to have fun with a Bad Boy like me!"

"...then again you probably wouldn't want the security of a Nice Guy."

"...you shouldn't fall for me, because I can be too intense."

You need to first establish what type of personality she has before selecting what type of test to deliver.

Exercise 6

Create a new "You criticize me." Relationship Test:

Relationship Building Blocks

I need you.
You need me.

Relationship Tests

I don't need you.
You don't need me.

The "I don't need you." Test is essential for communicating that you are not needy, you will not stalk her, and you will not crowd or smother her. Like so:

"Here, let's find a cute guy for you to hit on."

"I can't make it. I'll be going out with my friends on that night."

"I'd love to, but I have to work late."

STYLELIFE

On Disqualifiers

Exercise 7

Create a new "I don't need you." Relationship Test:

Relationship Building Blocks

You are in.
I am in.

Relationship Tests

I need to qualify you first.
You need to qualify me first.

Before you begin your search for your perfect mate, one of the most important tasks you need to complete is to define in excruciating detail what she is like. Here is a sample worksheet to help you figure it out. Once this worksheet is completed, it will help you to create your own customized qualification tests.

STYLELIFE

On Disqualifiers

2 My Perfect Mate Worksheet

Quickly create a crystal clear picture of your ideal mate, so that when it comes time to qualify her, you will know what you are looking for, and what questions to ask.

Quality

Criticality (Circle One)

Height:	Unimportant	Somewhat	Critical
Weight:	Unimportant	Somewhat	Critical
Eye Color:	Unimportant	Somewhat	Critical
Hair Color:	Unimportant	Somewhat	Critical
Body Type:	Unimportant	Somewhat	Critical
Body Art:	Unimportant	Somewhat	Critical
Face Type:	Unimportant	Somewhat	Critical
Ethnicity:	Unimportant	Somewhat	Critical
Location:	Unimportant	Somewhat	Critical
Languages:	Unimportant	Somewhat	Critical
Religious Faith:	Unimportant	Somewhat	Critical
Politics:	Unimportant	Somewhat	Critical
Shared Interests:	Unimportant	Somewhat	Critical
Exercise Style:	Unimportant	Somewhat	Critical
Diet Style:	Unimportant	Somewhat	Critical
Smoking Style:	Unimportant	Somewhat	Critical
Drinking Style:	Unimportant	Somewhat	Critical
Education Status:	Unimportant	Somewhat	Critical
Employment Status:	Unimportant	Somewhat	Critical
Emotionally Stable or Unstable:	Unimportant	Somewhat	Critical
Complementary or Critical:	Unimportant	Somewhat	Critical
High Energy or Low Energy:	Unimportant	Somewhat	Critical
Optimist, Pessimist, or Realist:	Unimportant	Somewhat	Critical
High Self Esteem or Low Self Esteem:	Unimportant	Somewhat	Critical
Passionate or Neutral:	Unimportant	Somewhat	Critical
Selfless or Selfish:	Unimportant	Somewhat	Critical
Flexible or Rigid:	Unimportant	Somewhat	Critical
Dependant or Independent:			
Dominant or Submissive:	Unimportant	Somewhat	Critical
Social or Anti-Social:	Unimportant	Somewhat	Critical
Trustworthy or Snake:	Unimportant	Somewhat	Critical
Other Qualities:			Critical

STYLELIFE

On Disqualifiers

Don't appear to be giving her the third degree under a heat lamp, be subtle with your qualifying. Here are some general examples of the "I need to qualify you first." Relationship Test:

"I'm curious... What REALLY makes you tick?"

"Did you ever meet someone who was HOT and you thought they would be the perfect person, but then you got to know them and you were like "EWWW"?"

"I've learned that there are two parallel universes, the Visible Universe, and the Invisible Universe. If we took a trip into your Invisible Universe, what would we find?"

These are good initial qualifying questions, but if they don't yield the results you want, you may have to go digging for those specific qualities you desire.

Only you know what qualifications are important to you in a mate, and so you will have to craft your own questions that help you discover if she is really right for you. I don't know what your specific qualifications are, but I like a fun-loving, adventurous, try-anything-once kind of person. So, for example, I would screen more precisely with:

"What's the wildest, craziest, thing you have ever done?"

I've got fun, adventurous stories of running from the cops as a teenager when we were drinking in the park after dark. Not to mention more erotic tales that would make a long-shoreman blush. If she doesn't have stories on par with my stories, then maybe we aren't a good match.

"Have you ever gone along with one of your friend's hair-brained ideas, and at first you thought it would be bunk, but it turned out to be way-cool?"

If I'm going to be training her on the ways of adventure and wild fun, then I want some indicator that she is trainable.

"What's the most outlandish, outrageous thing you've done, that you really would not want to do again?"

This may seem a bit negative, but I want to know that she has experimented. Not every experiment is going to work out well. If she doesn't have something she tried but didn't like, then she's not much of a "try-and-see" type of person.

Exercise 8

Create three new "I need to qualify you first." Relationship Tests tailored to your specific qualities in a perfect mate:

STYLELIFE

On Disqualifiers

Relationship Building Blocks

I give you value.
You give me value.
I'm interested in you.
I'm attracted to you.
I'm sure I like you.
I reward you.
I chase you.
I'm predictable.

Relationship Tests

I take value from you.
You take value from me.
I'm not interested in you.
I'm not attracted to you.
I'm not sure if I like you.
I punish you.
I run away from you.
I'm unpredictable.

The purpose of these tests is to create a sense of mystery and intrigue. Keep her guessing. Don't let yourself be figured out and pigeonholed. Find ways to fractionate to stimulate her juices. Maintain control of the relationship with carrot and stick devices, as well as behavioral conditioning techniques. Be careful not to go overboard in your search for randomness as you may be seen as a psycho nut-job. Just don't rush to be that comfortable warm sweater that is so nice to sleep in, but really doesn't provide any excitement.

Conclusion

Relationship Building Blocks are the common, obvious attitudes that healthy relationships are founded on. Secretly, human nature also responds to a set of hidden, Relationship Tests which can strengthen a relationship if used properly. This introduction provided a sampling of Relationship Tests for the beginner. At an intermediate level, we can learn about more examples, and explore timings and ways of reading your partner's reactions.

An extraordinarily beautiful woman has dozens of men all vying for her attention. This harassment has caused her to build a social shield that protects them from the onslaught. Other women have been burned in relationships with bad experiences that have jaded them to forming new relationships with men. It is necessary to see things from their point of view with empathy when delivering Relationship Tests in a new partnership.

Experiment in the field to get a feel for how different people respond to different Tests, and don't forget to report your results and get feedback on the forums at StyleLife.COM. Be a participant, not a spectator.

STYLELIFE

On Disqualifiers

Review

Relationship Building Blocks

I have time for you.
You have time for me.

I adopt you.
You adopt me.

You're qualified to be with me.
I'm qualified to be with you.
Let's be lovers.
We are perfect together.

I compliment you.
You compliment me.
I'm respecting you.
You're respecting me.

I need you.
You need me.

You are in.
I am in.

I give you value.
You give me value.
I'm interested in you.
I'm attracted to you.
I'm sure I like you.
I reward you.
I chase you.
I'm predictable.

Relationship Tests

I don't have time for you.
You don't have time for me.

I beak-up with you.
You break up with me.

You're not qualified to be with me.
I'm not qualified to be with you.
Let's just be friends.
We don't belong together.

I criticize you.
You criticize me.
I'm not respecting you.
You're not respecting me.

I don't need you.
You don't need me.

I need to qualify you first.
You need to qualify me first.

I take value from you.
You take value from me.
I'm not interested in you.
I'm not attracted to you.
I'm not sure if I like you.
I punish you.
I run away from you.
I'm unpredictable.

Extra Credit

Craft sample quotes that convey the meaning of the remaining Relationship Tests and Relationship Building Blocks.
